

12:00 Noon

Lunch Menu

\$3.00 Contribution

Monday	Wednesday	Friday
<p><u>Please Make Reservations</u> <u>Two Weeks In Advance</u></p> <p>All Lunches served at the Pittsford VanHuysen Senior Center CALL 248-6235</p>		<p>PLEASE CIRCLE DATES YOU WANT TO RESERVE FOR LUNCH</p>
	<p>Vegetable Lasagna 1 Tossed Lettuce Salad w/ Ranch Dressing Italian Blend Vegetables Italian Bread Fresh Orange</p> <div style="border: 1px solid black; padding: 2px; width: fit-content; margin-left: auto;">Cindy Rapp MCOFA</div>	<p>Rosemary Pork 3 Mashed potatoes Gravy Warm Apple Sauce Brussels Sprouts Rye Bread Chocolate Pudding</p>
<p>Spinach Quiche 6 Beef Barley Vegetable Soup Green Beans Grape Juice Wheat Bread Pineapple</p>	<p>Individual Meat Loaf 8 w/ Vegetable Gravy Mashed Winter Squash Broccoli Crusty Roll Pears</p>	<p>Veggie Meatballs 10 Pasta & Sauce Tossed Lettuce Salad w/ Italian Dressing Tuscany Blend Vegetables Breadstick Fresh Orange</p>
<p>Breaded Haddock w/Tartar Sauce 13 Coleslaw w/out Pineapple Peas Wheat Bread Apricots</p> <div style="border: 1px solid black; padding: 2px; width: fit-content; margin-left: auto;">Nutritious Nibbles MVP</div>	<p>Sweet & Sour Pork 15 Brown Rice Spinach Oriental Blend Vegetables 12 Grain Bread Peaches</p> <div style="border: 1px solid black; padding: 2px; width: fit-content; margin-left: auto;">Nina Kalen</div>	<p>Roasted Chicken Breast 17 w/Cranberry Sauce Mashed Potatoes w/Gravy Dressing Green Beans Almandine Dinner Roll Pumpkin Pie w/Whipped Topping</p> <div style="border: 1px solid black; padding: 2px; width: fit-content; margin-left: auto;">John Dady</div>
<p>Sloppy Joes on Bun 20 Mixed Vegetables Cauliflower Fruit Cocktail</p> <div style="border: 1px solid black; padding: 2px; width: fit-content; margin-left: auto;">Balance Class 1:15</div>	<p>Macaroni & Cheese 22 Stewed Tomatoes Broccoli 12 Grain Bread Fresh Apple</p>	<p><u>ABVI</u> 24 <u>Closed</u> <u>No Lunch Served</u></p>
<p>BBQ Pork Riblet on Bun 27 Minestrone Soup Brussels Sprouts Pears</p>	<p>Seafood Stuffed Sole 29 Coleslaw w/out Pineapple Beets Wheat Bread Fruit Cocktail</p>	



Monroe County Dept. of HS/Office for the Aging
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