

12:00 Noon

Lunch Menu

\$3.00 Contribution

Monday	Wednesday	Friday
<p><u>Please Make Reservations</u> <u>Two Weeks In Advance</u></p> <p>All Lunches served at the Pittsford VanHuysen Senior Center CALL 248-6235</p>		<p>PLEASE CIRCLE DATES YOU WANT TO RESERVE FOR LUNCH</p>
		<p>Macaroni & Cheese 1 Stewed Tomatoes Green Beans Wheat Bread Mandarin Oranges</p> <p style="border: 1px solid black; padding: 2px; text-align: center;">Cindy Rapp MCOFA</p>
<p><u>Labor Day</u> 4</p> <p><u>Senior Center</u></p> <p><u>Closed</u></p>	<p>Individual Meatloaf 6 w/Vegetable Gravy Scalloped Potatoes Broccoli Pumpnickel Bread Fruit Cocktail</p>	<p>Tuscan Chicken and Beans over 8 Brown Rice Tossed Lettuce Salad w/French Dressing Crusty Roll Fresh Orange</p>
<p>Salisbury Steak 11 w/Mushroom Sauce Red Jacketed Potatoes Beets Wheat Bread Mandarin Oranges</p>	<p>Turkey Burger on a Bun 13 w/ Lettuce and Tomato Sprit Pea Soup Carrots Honey Dew</p> <p style="border: 1px solid black; padding: 2px; text-align: center;">American Hearing Center</p>	<p>Knockwurst on Bun w/ Mustard 15 Potato Salad Three Bean Salad Apple Juice Snickerdoodle Cookie</p> <p style="border: 1px solid black; padding: 2px; text-align: center;">Music by Kit Nelson</p>
<p>Chicken Stuffed 18 w/ Broccoli & Cheese Mashed Potatoes w/ Gravy Spanish Lima Beans Rye Bread Balance Class 1:15 Applesauce</p>	<p>Sweet & Sour Pork over 20 Brown Rice Oriental Blend Vegetables Wax Beans 12 Grain Bread Nina Kalen Petite Banana</p>	<p>Chili Topped Baked Potato 22 w/ Cheese and Sour Cream Tossed Lettuce Salad w/ Italian Dressing Wheat Bread Peaches</p>
<p>Italian Sausage 25 w/ Onions & Peppers on a Bun Beef Barley Soup Peas Pineapple MVP All About Apples</p>	<p>Breaded Haddock w/ Tartar Sauce 27 Coleslaw w/out Pineapple Beets Wheat Bread Fresh Apple Deputy Mike</p>	<p>Stuffed Cabbage w/Sauce 29 Mashed Potatoes Carrots Marble Rye Pears</p>



Monroe County Dept. of HS/Office for the Aging

No person shall be denied benefits or subjected to discrimination under any program or activity receiving Federal Assistance on the grounds of race, color, sex, religion, national origin, disability or marital status. This program is funded by participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, Monroe County Dept. of HS/Office for the Aging.

