

12:00 Noon

Lunch Menu

\$3.00 Contribution

Monday	Wednesday	Friday
<p><u>Please Make Reservations</u> <u>Two Weeks In Advance</u></p> <p>All Lunches served at the Pittsford VanHuysen Senior Center CALL 248-6235</p>		<p>PLEASE CIRCLE DATES YOU WANT TO RESERVE FOR LUNCH</p>
<p>Chicken ala King over Warm Biscuit Coleslaw Carrots Pears 2</p>	<p>Stuffed Pepper w/Sauce Mashed Winter Squash Wax Beans Whole Grain Dinner Roll Petite Banana 4</p>	<p>Chili Topped Baked Potato w/Sour Cream Tossed Lettuce Salad w/ Ranch Dressing Wheat Bread Apricots 6</p>
<p>Breaded Haddock w/ Tartar Sauce Coleslaw w/out Pineapple Peas Wheat Bread Fruit Cocktail 9</p>	<p>Sweet & Sour Pork on Brown Rice Oriental Blend Vegetables Carrots 12 Grain Bread Fresh Apple 11</p>	<p>Oven Browned Chicken Quarter Navy Bean Soup Mashed Sweet Potatoes Wheat Bread Grape Juice Peaches 13</p>
<p>Country Captain Chicken over Brown Rice Tuscany Blend Vegetables Lima Beans White Dinner Roll Apricots 16</p> <div data-bbox="251 1197 527 1249" style="border: 1px solid black; padding: 2px; width: fit-content; margin-left: auto; margin-right: auto;"> Balance Class 1:15 </div>	<p>Hot Roast Beef Sandwich on 12 Grain Bread w/Gravy Tomato Florentine Soup Smashed Potatoes Mandarin Oranges 18</p> <div data-bbox="824 1180 1047 1239" style="border: 1px solid black; padding: 2px; width: fit-content; margin-left: auto; margin-right: auto;"> Scams Program </div>	<p>Swiss Steak w/ Mushroom Sauce Mashed Potatoes Brussels Sprouts 12 Grain Bread Pears 20</p> <div data-bbox="1307 1159 1542 1243" style="border: 1px solid black; padding: 2px; width: fit-content; margin-left: auto; margin-right: auto;"> Music by Kit Nelson </div>
<p>Goulash w/Ground Beef Green Beans Malibu Blend Vegetables Rye Bread Peaches 23</p>	<p>Rosemary Oven Browned Chicken Quarter Mexican Bean Soup Italian Blend Vegetables 12 Grain Bread Petite Banana 25</p>	<p>Braised Pork Chop w/ Gravy Scalloped Potatoes Broccoli Warm Applesauce Oatmeal Raisin Cookie Wheat Bread 27</p>
<p>Chicken Breast w/ Lettuce, Tomato & Mayo on Bun Cabbage Beef Soup Tuscany Blend Vegetables Pears 30</p>		<p>All Meals Served with milk, bread and butter.</p> <p>Soup served with crackers</p>



Monroe County Dept. of HS/Office for the Aging
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