

12:00 Noon

Lunch Menu

\$3.00 Contribution

Monday	Wednesday	Friday
<p><u>Please Make Reservations</u> <u>Two Weeks In Advance</u></p> <p>All Lunches served at the Pittsford VanHuysen Senior Center CALL 248-6235</p>		<p>PLEASE CIRCLE DATES</p> <p>YOU WANT TO RESERVE</p> <p>FOR LUNCH</p>
<p>All Meals Served with milk, bread and butter.</p> <p>Soup served with crackers</p>		<p>Beef Stew over Biscuit 1 Cauliflower Wax Beans Pears</p>
<p>Stuffed Pepper w/ Sauce 4 Corn Spinach Marble Rye Bread Peaches</p>	<p>Braised Pork Chop w/ Gravy 6 Scalloped Potatoes Broccoli Dinner Roll Warm Applesauce Oatmeal Raisin Cookie</p> <p style="border: 1px solid black; padding: 2px; display: inline-block;">Nina Kalen</p>	<p>Veggie Meatballs Pasta & Sauce 8 Tossed Lettuce Salad w/ Italian Dressing Italian Blend Vegetables Italian Bread Fruit Cocktail</p>
<p>Pub Burger w/ Catsup, 11 Mustard, Relish & Chopped Onion Carrots Cauliflower Pineapple</p>	<p>Seafood Salad w/ Lettuce & Tomato 13 On Thinwich Cabbage Beef Soup Fruit Cocktail</p>	<p>Braised Pork Chop w/ Gravy 15 Scalloped Potatoes Green Beans Almandine Dinner Roll Coconut Cake</p>
<p>Italian Sausage Pasta & Sauce 18 Wax Beans Italian Blend Vegetables Italian Bread Mandarin Oranges</p> <p style="border: 1px solid black; padding: 2px; display: inline-block;">Balance Class 1:15</p>	<p>Broccoli & Cheese 20 Topped Baked Potato Black Bean Lentil Chili Tossed Lettuce Salad w/ Italian Dressing 12 Grain Bread Apricots</p>	<p>Individual Meatloaf 22 w/Vegetable Gravy Mashed Potatoes California Blend Vegetables Marble Rye Bread Peaches</p>
<p>Goulash w/ Ground Beef 25 Green Beans Cauliflower Pumpnickel Bread Applesauce</p>	<p>Sweet & Sour Pork over Brown Rice 27 Oriental Blend Vegetables Spinach Dinner Roll Watermelon</p> <p style="border: 1px solid black; padding: 2px; display: inline-block;">Cindy Rapp</p>	<p>Grilled Chicken Breast Sandwich 29 w/ Lettuce & Mayo on Thinwich Navy Bean Soup Marinated Tomato & Cucumber Salad Pineapple</p>



Monroe County Dept. of HS/Office for the Aging
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