### Summer Fun 2020

#### Pittsford Community Center
**Ages 5-13**

<table>
<thead>
<tr>
<th>Activity Code</th>
<th>Dates</th>
<th>Times</th>
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#### 2020 Summer Fun Themes

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>1</td>
<td>Aloha Summer</td>
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<td>2</td>
<td>Anything Goes</td>
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<td>3</td>
<td>Let's Go Camping</td>
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<td>4</td>
<td>Wild Wilderness</td>
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<td>5</td>
<td>Olympic Week</td>
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<td>6</td>
<td>Out of this World</td>
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<td>7</td>
<td>Color Wars</td>
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<td>8</td>
<td>Animal Kingdom</td>
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#### Summer Fun Fun Juniors 2020

**Ages 3-5**

**Pittsford Community Center**

**Summer Fun Juniors Morning**

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**Summer Fun Juniors Theme Weeks**

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<tr>
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<td>2</td>
<td>A Bug’s Life</td>
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<td>3</td>
<td>Let’s Go Camping</td>
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<td>4</td>
<td>Superhero &amp; Princess Training</td>
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<td>5</td>
<td>Life on the Farm</td>
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<td>6</td>
<td>Out of this World</td>
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<td>7</td>
<td>Dinosaur Days</td>
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**Summer Fun Juniors Afternoon**

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Mad Science of WNY: Crazy Chemworks!
Mad Science, Instructor
311423-01 Mon-Fri Jul 20-Jul 24 9:00AM-12:00PM $150
311423-02 Mon-Fri Jul 20-Jul 24 3:30-4:30PM $130
Ages 5-12
Online Program
Shake up a flask of fun in the lab and become a junior chemist! Learn to recognize chemical reactions and mix up a few reactive ingredients for some sensational results. Check out the colors of chemistry with the power of pH paper and create a stopper-popping reaction. Probe the properties of light and discover some unusual applications of glow-in-the-dark technology. Campers have a blast as they make some crazy concoctions. Take home projects include a reaction tube kit, atomic coins, slippery slime, Professor Beakerdude, and more.

Mad Science of WNY: Junior Scientist
Mad Science, Instructor
311421-01 Mon-Fri Jul 6-Jul 10 3:30-4:30PM $130
Ages 5-12
Online Program
Join us for a session of science fun! Each class will explore a different scientific topic. At Mad Science, with Mad Science, preschoolers learn about science by touching, feeling, and even tasting their science experiments. We leave children inspired and hungry to learn more! In this session, we will be learning about Taste and Smell, Lights On, Sound of Music, and Magnetic Attractions.

Mad Science of WNY: NASA Academy of Future Explorers
Mad Science, Instructor
311422-01 Mon-Fri Aug 3-Aug 7 9:00AM-12:00PM $165
311422-02 Mon-Fri Aug 3-Aug 7 3:30-4:30PM $130
Ages 6-13
Online Program
Mad Science and NASA® have teamed up to bring you the excitement and wonder of space in the NASA® Space Academy camp. This is your chance to be a rocket scientist! Explore the science involved in rocket construction as you build your own rocket. Use teamwork to complete an important space mission and build a model space station. Explore the farthest reaches of our solar system and create a lunar eclipse in our Mad Science planetary tour. This stellar camp is your ticket to the stars as you journey through the galaxy.

How Cool is That? Jr. Engineering for Kids
Tutor Doctor Staff
311410-01 Mon Jul 6-Aug 24 3:00-4:00PM $75
Ages 5-10
Online Program
HCIT inspires young scientists and engineers to embrace the Math and Science concepts they are learning in school. Our 100% hands-on approach empowers kids to be creative and to think critically while building machines that work. Best of all, we only use readily available materials, so kids can keep our projects and expand upon what they learn. To learn more, visit our website at https://www.facebook.com/howcoolisthat.ca. We are excited to offer HCIT as an 8-week online program in which students can complete projects on their own time, in the comfort of their own homes. The program will include:
* Weekly video instruction on how to build a machine that works.
* Ideas for students to use in order to extend these projects on their own time.
* All supplies for each project mailed to the student’s home address.
To learn more about this exciting opportunity, please contact the instructor at 585-233-8592.

Kids Kayak Level 1
Paul Twist, Instructor
311013-01 Mon-Fri Jul 27-31 9:00AM-12:00PM $375
311013-02 Mon-Fri Jul 27-31 1:00-4:00PM $375
311013-03 Mon-Fri Aug 10-14 9:00AM-12:00PM $375
311013-04 Mon-Fri Aug 10-14 1:00-4:00PM $375
311013-05 Mon-Fri Aug 17-21 9:00AM-12:00PM $375
311013-06 Mon-Fri Aug 17-21 1:00-4:00PM $375
311013-07 Mon-Fri Aug 24-28 9:00AM-12:00PM $375
311013-08 Mon-Fri Aug 24-28 1:00-4:00PM $375
Ages 10-18
Lock 32 Whitewater Park
We invite your child to join us for a wet and wild adventure at Lock 32 on the Erie Canal! Our elite instructors will teach your child how to maneuver their kayak while providing a fun and safe experience on the water. This program incorporates many fun activities, including swimming the rapids, a multitude of water games, and other exciting team building exercises. There is no better way to build a strong kayaking foundation and enjoy fun in the sun than with “Kids Kayaking Level 1”. No kayaking experience needed, all necessary equipment is included, but feel free to bring your own whitewater boat and equipment.
Lock 32 Whitewater Park is located at 2797 Clover St.
**Introduction to Standup Paddle Boarding**

Paul Twist, Instructor  
321011-01 Thu Jul 9 5:00-7:00PM $85  
321011-02 Thu Aug 13 5:00-7:00PM $85  
Ages 10 & up  
Lock 32 Whitewater Park

Lock 32's Intro to SUP course is a great way to explore the popular sport of stand-up paddle boarding. Intro to SUP offers you an exciting mixture of nature, fitness, and fun all wrapped up in one. Our skilled instructors will teach you the fundamentals of stand-up paddling and the skills needed to be safe, comfortable, and have fun on the water! You'll learn all the basic paddle strokes and fundamental skills, such as getting on and off the board, standing up, and maneuvering techniques. So let us, at Lock 32, help you build a strong foundation that will begin a lifetime of stand-up paddle boarding adventures! No experience needed, all necessary equipment is included, but feel free to bring your own equipment if desired. Lock 32 Whitewater Park is located at 2797 Clover St in Pittsford.

**Introduction to Whitewater Kayaking**

Paul Twist, Instructor  
341008-01 Sat Jul 11 12:00-6:00PM $240  
341008-02 Sat Jul 25 12:00-6:00PM $240  
341008-03 Sat Aug 8 12:00-6:00PM $240  
341008-04 Sat Aug 22 12:00-6:00PM $240  
Ages 10 & up  
Lock 32 Whitewater Park

Have you ever dreamed of experiencing the thrill of paddling your own kayak down a river's rapid, feeling the adrenaline as the waves splash all around? If yes, let our instructors at Lock 32 introduce you to the world of whitewater kayaking. You will first start on flat water, learning all the necessary skills to advance to our whitewater course. When you advance, you will experience the thrill and excitement of navigating your kayak through Lock 32's fun and challenging rapids. All while learning on New York's most exciting man-made whitewater park. No kayaking experience needed, all necessary equipment is included, but feel free to bring your own flatwater boat and equipment. Lock 32 Whitewater Park is located at 2797 Clover St in Pittsford.

**Introduction to Flatwater Kayaking**

Paul Twist, Instructor  
341011-02 Tue Jul 28 5:00-7:00PM $85  
341011-03 Tue Aug 25 5:00-7:00PM $85  
Ages 10 & up  
Lock 32 Whitewater Park

Flatwater kayaks are amazing boats, they well-suited to exploring everything from calm lakes and rivers to remote coastlines. Our course is designed for both the casual paddler and people who are interested in kayak touring. Lock 32 instructors will introduce you to proper technique and safety skills required for you to enjoy your future kayaking adventures. This program begins at the Lock 32 Whitewater Park and is held on the adjacent Erie Canal. From there, we will tour a stretch of the Canal and one of the many historic turning basins. Our low (1:5) instructor to student ratio ensures that you will get the personal attention that you deserve. So let us, at Lock 32, help you build a strong foundation that will begin a lifetime of kayaking adventures. No kayaking experience needed, all necessary equipment is included, but feel free to bring your own flatwater boat and equipment. Lock 32 Whitewater Park is located at 2797 Clover St in Pittsford.

**Private Voice Lessons**

Edward Rocha, Instructor  
340503-01 Jul 6-Aug 31 $180  
340503-02 Jul 6-Aug 31 $180  
340503-03 Jul 6-Aug 31 $180  
340503-04 Jul 6-Aug 31 $180  
340503-05 Jul 6-Aug 31 $180  
340503-06 Jul 6-Aug 31 $180  
340503-07 Jul 6-Aug 31 $180  
Ages 8 and up  
Online Program

Lessons will be scheduled based on your child's availability. This will allow flexibility with vacations, camps and classes. Each participant will receive 8 lessons starting the 2nd week of July and run to the last week in August. Vocal Lessons focus on how to warm up your voice safely, breath support, posture, performance confidence, music theory, and learning songs that fit student's goals. Voice lessons help people in many ways other than just singing. They can help a shy individual to come out of their shell. Voice lessons build confidence when they need to stand in front of a room of people to deliver a report for class, a lecture to a professional group or a presentation to a large company. They develop tone, delivery and inflection as we speak and sing.
Summer Theater Camps
Edward Rocha, Instructor

Making a Musical!
310515-07 Mon-Fri Jul 20-24 9:00AM-3:30PM $150
Making a Musical! (Extended Day)
310515-08 Mon-Fri Jul 20-24 8:00AM-5:00PM $230
Making a Musical! (ONLINE)
310515-30 Mon-Fri Jul 20-24 9:00-11:00AM $65
310515-31 Mon-Fri Jul 20-24 1:00-3:00PM $65
310515-32 Mon-Fri Jul 20-24 AM & PM $100

The Most Epic Birthday Party Ever
310515-09 Mon-Fri Jul 27-31 9:00AM-3:30PM $150
The Most Epic Birthday Party Ever (Extended Day)
310515-10 Mon-Fri Jul 27-31 8:00AM-5:00PM $230
The Most Epic Birthday Party Ever (ONLINE)
310515-33 Mon-Fri Jul 27-31 9:00-11:00AM $65
310515-34 Mon-Fri Jul 27-31 1:00-3:00PM $65
310515-35 Mon-Fri Jul 27-31 AM & PM $100

The Greatest Showman Theme Week
310515-11 Mon-Fri Aug 3-7 9:00AM-3:30PM $150
The Greatest Showman Theme Week (Extended Day)
310515-12 Mon-Fri Aug 3-7 8:00AM-5:00PM $230
The Greatest Showman Theme Week (ONLINE)
310515-36 Mon-Fri Aug 3-7 9:00-11:00AM $65
310515-37 Mon-Fri Aug 3-7 1:00-3:00PM $65
310515-38 Mon-Fri Aug 3-7 AM & PM $100

Alice in Wonderland
310515-13 Mon-Fri Aug 10-14 9:00AM-3:30PM $150
Alice in Wonderland (Extended Day)
310515-14 Mon-Fri Aug 10-14 8:00AM-5:00PM $230
Alice in Wonderland (ONLINE)
310515-39 Mon-Fri Aug 10-14 9:00-11:00AM $65
310515-40 Mon-Fri Aug 10-14 1:00-3:00PM $65
310515-41 Mon-Fri Aug 10-14 AM & PM $100

Charlie and the Chocolate Factory
310515-15 Mon-Fri Aug 17-21 9:00AM-3:30PM $150
Charlie and the Chocolate Factory (Extended Day)
310515-16 Mon-Fri Aug 17-21 8:00AM-5:00PM $230
Charlie and the Chocolate Factory (ONLINE)
310515-42 Mon-Fri Aug 17-21 9:00-11:00AM $65
310515-43 Mon-Fri Aug 17-21 1:00-3:00PM $65
310515-44 Mon-Fri Aug 17-21 AM & PM $100

Giants in the Sky
310515-17 Mon-Fri Aug 24-28 9:00AM-3:30PM $150
Giants in the Sky (Extended Day)
310515-18 Mon-Fri Aug 24-28 8:00AM-5:00PM $230
Giants in the Sky (ONLINE)
310515-45 Mon-Fri Aug 24-28 9:00-11:00AM $65
310515-46 Mon-Fri Aug 24-28 1:00-3:00PM $65
310515-47 Mon-Fri Aug 24-28 AM & PM $100

The Best of Disney Theme Week
310515-19 Mon-Fri Aug 31- Sep 4 9:00AM- 3:30PM $150
The Best of Disney Theme Week (Extended Day)
310515-20 Mon-Fri Aug 31- Sep 4 8:00AM-5:00PM $230
The Best of Disney Theme Week (ONLINE)
310515-48 Mon-Fri Aug 31- Sep 4 9:00-11:00AM $65
310515-49 Mon-Fri Aug 31- Sep 4 1:00-3:00PM $65
310515-50 Mon-Fri Aug 31- Sep 4 AM & PM $100
Ages 5-14 Perinton Community Center/Online Program

School is out, fun is in! Send your kids to a camp that includes instruction in acting, singing, dance, performance & more. In addition, there are fun, creative theater games and improvisations. This helps to develop skills and to encourage students to stretch their abilities as young actors. The camp ends in a performance on Friday for family and friends. Campers will enjoy theatrical activities both indoor and outside throughout the day. Campers must pack a lunch, snacks and sunscreen. Wear loose fitting clothes and shoes you can move in.
Summer Theater Camps continued

Making a Musical! Calling all campers who love to SING, ACT and CREATE! Spend a fun-filled week crafting a new musical with your fellow campers. Help create the story, songs, movement and dialogue for your new creation!

The Most Epic Birthday Party Ever - Skyler and her older brother Charlie have never gotten along. But during Skyler’s mysterious 12th birthday party, their rivalry reaches EPIC proportions.

The Greatest Showman Theme Week - Come one! Come all! Step right up! Watch the greatest show on Earth come alive under the big top!

Alice in Wonderland - Alice plunges down the rabbit hole and becomes involved in that madcap and topsy turvy series of adventures immortalized by Lewis Carroll.

Charlie and the Chocolate Factory - Based on the beloved Roald Dahl tale, this comedic and fantastical story follows young Charlie Bucket and his Grandpa Joe as they join a small group of contest winners who get to tour the magical and mysterious factory of eccentric candy maker Willy Wonka.

Giants in the Sky - This magical story explores the world of Giants who live above the clouds. But there is one curious Giant who wonders what life is like on Earth, so she steals a key to the locked up “beanstalk” and embarks on an adventure down below!

The Best of Disney Theme Week - Join us for a Disney-themed, adventure-filled week! We’ll be covering all the memorable greatest hits from your favorite Disney movie musicals!

The Perinton Community Center is located at 1350 Turk Hill Road in Fairport.

Registration for online camps cover up to 3 children per household.

Write Your College Application Essay
Sarah Nazarian, Instructor, Mendon HS English teacher
310934-01 Mon-Fri Jul 6-10 1:00-3:00PM $225
310934-02 Mon-Fri Jul 13-17 1:00-3:00PM $225
310934-03 Mon-Fri Jul 20-24 1:00-3:00PM $225
310934-04 Mon-Fri Jul 27-31 1:00-3:00PM $225
310934-05 Mon-Fri Aug 3-7 1:00-3:00PM $225
310934-06 Mon-Fri Aug 10-14 1:00-3:00PM $225

Ages 16-19 (rising high school senior)  Online Program

Every high school senior will write an essay for college applications—sometimes more than one. In this course, we will discuss what colleges expect from student essays, look at model essays, study the Common Application, and talk about the application process in general. The primary focus of the class, however, is writing the application essay. Students will also have one-to-one conferences with the teacher during class and draft essays will be carefully reviewed multiple times. By the end of the week, each student will complete at least one application essay. Students must be entering their Senior year in the 2020-2021 school year to enroll in this program.

American Red Cross – Babysitter’s Training
Domenic Danesi, American Red Cross Instructor
311405-01 Sat Aug 22 9:00AM-3:00PM $90

Ages 11-15  PCC Rm 107

This course is designed to provide youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants to develop leadership skills; learn how to develop a babysitting business; keep themselves and others safe and help children behave; and learn about basic child care and basic first aid. Each student will receive an American Red Cross Babysitter’s Kit and a certificate stating they successfully completed the program. Students are required to provide an email address that certificates can be sent to. Please bring a brown bag lunch.
First Aid for Kids
EPIC Trainings, Instructor
311416-01 Wed Jul 22 10:00-11:30AM $20
Ages 8-14

This course teaches 8-14 year olds the skills and techniques necessary to respond to a variety of first aid related emergencies including: bleeding control, choking, burns, care for sprains and breaks and treatment for heat and cold emergencies. To help participants better understand common medical conditions that their friends may suffer from; we will also cover the following: food allergies, diabetes, seizures and asthma. This course helps meet requirements for many boy/girl scout badges.

Junior Tennis Lessons
Jason Speirs, Instructor
341211-01 Sat Jul 11-Aug 1 2:00-3:00PM $72
341211-02 Thu Jul 9-30 5:00-6:00PM $72
341211-03 Mon-Fri Jul 20-24 1:00-3:00PM $255
341211-04 Mon-Fri Jul 27-31 1:00-3:00PM $255
341211-05 Sat Aug 8-29 2:00-3:00PM $72
341211-06 Thu Aug 6-27 5:00-6:00PM $72
Ages 5-8

341211-07 Thu Jul 9-30 6:00-7:00PM $72
341211-08 Thu Aug 6-27 6:00-7:00PM $72
Ages 9-10

341211-09 Mon-Fri Jul 20-24 1:00-3:00PM $255
341211-10 Mon-Fri Jul 27-31 1:00-3:00PM $255
Ages 9-13

341211-11 Sat Jul 11-Aug 1 12:30-2:00PM $120
341211-12 Sun Aug 4-25 12:30-2:00PM $120
Ages 11-17

This concentrated tennis program is committed to the development of junior tennis for beginners, advanced beginners, intermediates and advanced players. Classes are designed so that each player receives individual attention based on his or her natural style. Each student is encouraged to reach their greatest potential by participating in competitive drills designed to teach students instinctive reactions to the ball. Match play skills are developed to prepare the player for junior varsity/varsity school tennis teams. When the weather is questionable, please call Jeff Wagstaff at (585) 334-8897 at least 1 hour in advance of the class. 6 students per instructor.

Horseback Camp for Kidz
Park Place Farms, Instructor
311239-01 Mon-Fri Jul 6-10 9:00AM-2:00PM $290
Ages 7-14

Interested in learning about horses? Learn to care for, lead, and ride better. Build confidence, skills, and lifetime friendships while working with horses. Helmets and ponies are provided. Fun, informative and interactive. Riders participating in the week long camp should bring a lunch and a snack. Park Place Farms is located at 354 Bull Saw Mill Rd in Mendon.
Soccer Shots For Youth
Soccer Shots Staff, Instructor
311254-01  Sat  Jul 18-Aug 29  9:25-9:55AM  $95
Age 2 (parent must participate with child*)
311254-02  Sat  Jul 11-Aug 29  10:00-10:45AM  $95
Ages 3-4
311242-03  Sat  Jul 18-Aug 29  11:00-11:45AM  $95
Ages 5-7  Hopkins Park Rectangle #2

Soccer Shots is an engaging children’s soccer program with a focus on character development. Our caring team positively impacts children’s lives on and off the field through best-in-class coaching, communication and curriculum. Our coaches are the best-trained in the business. Our expert-approved curriculum is age appropriate and aligns with childhood education standards. In addition we provide an exceptional customer experience and ongoing communication with parents. *The 2 year old program requires one parent to participate with their child.* Hopkins Park is located at 5 Barker Rd. at Mendon Center Rd. in Pittsford.

Adventure Camp
Recreation Staff, Instructor
311015-01  Mon-Thu  Aug 24 - 27  8:30AM-3:30PM  $200
311015-02  Fri  Aug 28  8:30AM-3:30PM  $50
Ages 10-14  Pittsford Community Center

Spend the last week of summer on exciting daily adventures! We will hike, kayak, bike, climb, and more. A complete itinerary of the week’s events and adventures will be sent out to all registrants before the start of camp. Children should bring a snack, water bottle, and lunch to camp every day. Come experience the outdoors in a challenging, safe, and exciting way!

For questions or more information about Adventure Camp please contact Kate Disbrow at 248-6281 or via email at kdisbrow@townofpittsford.org.

FIT Kids: Fencers in Training (PRE)
Rochester Fencing Club Staff, Instructor
311203-01  Mon  Jul 13-Aug 3  2:00-2:45PM  $52
Ages 4-7  Rochester Fencing Club

Come play pirate and other fun games in this safe introduction to the sport of fencing. Start with warm up, obstacle courses, and skill building activities to develop focus, agility, balance and eye/hand coordination. Children experience the thrill of sword play in the context of a structured class and build self confidence using specialized plastic foils, chest plates, and masks. Geared for the short attention span of little ones. Sneakers required. Due to USA Fencing regulations, we must register all participants with USA Fencing. Please bring $10 to your first class if you need to be registered with USA Fencing. Please contact us at info@rocfencing.com if you have questions.

Rochester Fencing Club is located at 3335 Brighton-Henrietta Town Line Rd in Henrietta.

Youth Olympic Fencing
Rochester Fencing Club Staff, Instructor
341203-01  Mon-Fri  Jul 20-24  1:00-3:00PM  $140
Ages 8-12  Rochester Fencing Club

Does your child like to pretend to play with lightsabers or swords? Then come try the Olympic sport of fencing where they can experience the thrill of sword play in a safe environment! Children will get a great physical and mental workout while mastering the basic footwork and tactics through fun games and exercises. All safety and fencing equipment provided. Sneakers required. Due to USA Fencing regulations, we must register all participants with USA Fencing. Please bring $10 to your first class if you need to be registered with USA Fencing. Please contact us at info@rocfencing.com if you have questions.

Rochester Fencing Club is located at 3335 Brighton-Henrietta Town Line Rd in Henrietta.
**Little Ninja Class**
James Creighton & Pete Reminicky, Instructors
310351-01  Sat  Jul 18- Aug 29  12:30-1:00PM  $85
Ages 3-5                  PCC Rm 218

The Little Ninjas program has a detailed curriculum that focuses on improving pre-school and school-age children's basic motor and listening skills. These skills will help your child enter school with a more confident and enthusiastic outlook. They will become better students at school and better listeners at home. We believe the time between the ages of 3-5 is the most critical years of a child's character development. Our program will enhance positive development in a fun and motivating way. Students will participate alongside older students with varying abilities. A parent or guardian must be present for the duration of the class. For more information visit www.creightonmartialarts.com.

**Martial Arts for Youth-Introductory**
James Creighton & Pete Reminicky, Instructors
Children’s White Belt Class
310327-01  Sat  Jul 18-Aug 29  1:00-1:30PM  $85
Ages 6-15                  PCC Rm 218

Designed strictly for new students and current white belts. Our program of the martial arts is an "education-based" curriculum; where character building, leadership skills, goal setting and constant and never ending improvement all play vital roles. This means that in addition to learning traditional techniques of the martial arts, children are also taught the importance of respect, self-confidence, self-esteem and anger management. We strive to provide each student with a positive image on how they behave in the dojo (training hall), home, and school. The introduction program is designed to prepare each student for their yellow belt training, so that they can further their martial arts training in our year round colored belts program. For more information visit www.creightonmartialarts.com.

**Martial Arts for Youth-Advanced**
James Creighton & Pete Reminicky, Instructors
Children’s Yellow & Orange Belt Class
310327-02  Sat  Jul 18-Aug 29  1:30-2:15PM  $94
Children’s Green Belt & Above Class
310327-03  Sat  Jul 18-Aug 29  2:15-3:00PM  $94
Ages 6-16                  PCC Rm 218

COLORED BELTS ONLY. This advanced martial arts for kids program is a continuation of training after completion of Level I introduction to the martial arts for children program. Students signing up for this program must have already achieved their yellow belt in Goshin Jutsu. After building a basic foundation of the martial arts in the introduction program, students in the advanced program are seeking to further their training by learning different colored belt requirements within the curriculum. The main emphasis in this program is to focus on the concept of "constant and never ending improvement". It is our goal to help students follow through to the rank of black belt and eventually advanced study in the adult curriculum. For more information visit www.creightonmartialarts.com.

**Teen Activity Outing**
Recreation Staff
Pool Party
311430-01  Sat  Aug 1  4:00PM-6:00PM  $10
Ages 11-13                  Perinton Community Center

Join us for a teen outing at the Perinton Community Center pool! We are partnering with Perinton Recreation to offer exciting opportunities for teens.

All participants will need to be picked up and dropped off at the Perinton Community Center (1350 Turk Hill Road, Fairport). Food and drink will be served. Participants must be registered by July 25th, unless authorized by the Recreation Supervisor. If your teen would like to see a particular event offered, or if you have questions about a scheduled event, please contact Sydney Mooney at (585) 248-6283 or smooney@townofpittsford.org.
Junior Golf
Erik Yaekel, PGA Director of Golf Instruction
311215-01  Mon-Fri  Jul 13-17  11:00AM-12:30PM  $189
Ages 11-16  Eagle Vale Golf Club

This course is for the 11-16 year old junior golfer who had not played any golf yet! The perfect place for the beginner golfer to start. We will cover the basic fundamentals of grip, aim, and posture as it pertains to the full swing and we will also work on various parts of the short game. Some simple rules and etiquette will be taught as well. Please call (585)377-5200 or visit us online at www.eaglevale.com for more information.

Super Junior-Beginner
Erik Yaekel, PGA Director of Golf Instruction
311217-02  Mon-Fri  Jul 13-17  10:00-11:00AM  $99
311217-03  Mon-Fri  Jul 20-24  10:00-11:00AM  $99
Ages 5-9  Eagle Vale Golf Club

Our expansive Teaching Center allows us to utilize multiple stations of activity, where we integrate agility, balance, throwing and catching; alongside standard golf fundamentals to keep kids enthused, interested and focused. The long range goal is to have kids fall in love with the game of golf, but also be able to excel in other sports and activities in which they want to explore. Please call (585)377-5200 or visit www.eaglevale.com for more information.

Learn A New Language: Spanish
Enhance Your Brain
Lourdes de la Colina-Scofield, Instructor
Basics I
310952-01  Mon  Jul 13-Aug 10  10:00-10:55AM  $145
Basics II
310952-02  Mon  Jul 13-Aug 10  11:05AM-12:00PM  $145
Basics III
310952-03  Mon  Jul 13-Aug 10  2:00-3:00PM  $145
Ages 18 & up

Basics I: Enhance your brain! No matter your age, learning a new language like Spanish, is an important opportunity to enhance your life. Studies show that learning a new language and having new linguistic skills builds bigger, smarter and stronger brains. Classes are taught by an experienced native Spanish-speaking teacher in a very kind environment. You will learn new vocabulary and introduction to basic Spanish.

Basics II: Enhance your brain! Make it stronger! In this slightly more advanced program you will learn new basic Spanish, with new vocabulary, parts of speech, grammar, and present tense. Completion of the Basics I program is recommended.

Basics III: Keep enhancing your brain with a native Spanish speaker! This program allows you to build on your basic knowledge of the language, more grammar, more vocabulary, and you will also learn Spanish verb tenses. Completion of Learn Spanish: Basics II is required.

Adult Beginner Golf – Intro to Golf
Erik Yaekel, PGA Director of Golf Instruction
321219-01  Tue  Jul 21-Aug 11  5:00-6:00PM  $119
321219-02  Wed  Jul 22-Aug 12  5:00-6:00PM  $119
321219-03  Thu  Jul 23-Aug 13  5:00-6:00PM  $119
Ages 18 & up  Eagle Vale Golf Club

This course is designed for the true beginner golfer. Our PGA professional instructors will gently guide you through the fundamentals of the game of golf. Posture, grip and alignment will be the starting point of the session working into different swing shapes and styles at the proper time. All aspects of the game will be covered from putting, chipping, full swing, to rules and etiquette rounding out the curriculum. Please call (585)377-5200 or visit www.eaglevale.com for more information.

ADULT PROGRAMS

Guided Hikes on Pittsford Trails
Recreation Staff, Instructor
Historic Erie Canal Trail
341021-01  Sat  Jul 18  8:30AM  No Fee

Use the Town’s Trail Maps to explore the trails and walkways of Pittsford. This guided hike provides an opportunity to meet members of the community and discover the Historic Erie Canal Trails (Jul 18). Participants will be contacted with a meeting place and extra information prior to the hike date and will be provided with a trail map at the outset of the hike. Maps are available for free ahead of time at: http://townofpittsford.org/trails_and_walkways
Registration is required.
Adult On Course Golf Lessons
Erik Yaekel, PGA Director of Golf Instruction
321288-01 Tue Jul 21-Aug 11 7:00-8:30PM $149
321288-02 Wed Jul 22-Aug 12 7:00-8:30PM $149
Ages 18 & up Eagle Vale Golf Club

Lessons are conducted mainly on the golf course, with emphasis placed on getting the golfer more comfortable being on the course. The goal is for each golfer to learn course management, so that they are able to get around the course in the least amount of time possible, along with having the lowest score possible. Golfers will learn how to manage their games, view the course in a non intimidating way and keep up with pace of play, while having the most amount of fun possible. Lessons will be done in small groups of 2-6 golfers per session. Please call (585)377-5200 or visit www.eaglevale.com for more information.

Debbie McVean Aerobics
Debbie McVean, Instructor
320304-01 Sat Jul 18 8:30-9:40AM $7
320304-02 Sat Jul 25 8:30-9:40AM $7
320304-03 Sat Aug 1 8:30-9:40AM $7
320304-04 Sat Aug 8 8:30-9:40AM $7
320304-05 Sat Aug 15 8:30-9:40AM $7
320304-06 Sat Aug 22 8:30-9:40AM $7
320304-07 Sat Aug 29 8:30-9:40AM $7
Ages 14 & up PCC Gym

Take that first step towards achieving your cardiovascular and weight-bearing goals! Come join us for a challenging, yet easy-to-follow workout. Great fun! Great music! The 70-minute total body energizing class includes 40 minutes of high-low aerobics followed by 30 minutes of floorwork focused on toning the upper body, legs, hips, thighs, and abdominals. Bring your own two 2-4 lb handweights and exercise mats. Instructor holds a Physical Education degree and has 30 years of fitness instruction experience.

Martial Arts for Adults
James Creighton & Pete Reminicky, Instructors
320327-01 Sat Jul 18- Aug 29 3:00-3:45PM $94
Ages 16 & up PCC Rm 218

The adult program is for anyone who wants to learn how to defend themselves and gain confidence in a positive and enthusiastic training atmosphere. We focus our training on developing each individual to their own personal best, by enriching their lives with all of the unique benefits that the martial arts, has to offer. We teach this self-defense oriented martial arts class emphasizing the interaction of the striking arts with the jujitsu arts. Our program is year round and allows each student to advance up the ranks to black belt. For more information visit www.creightonmartialarts.com.

Women’s Self-Defense Class
James Creighton & Pete Reminicky, Instructors
321272-01 Sat Jul 18- Aug 29 3:00-3:45PM $94
Ages 13 & up PCC Rm 218

The Women’s Self-Defense program is designed to introduce the concepts of protecting yourself from being the victim of violence. This is not a lecture – it is an active participation course where you will learn and practice techniques so that you gain strong foundational skills and strategies and can become proficient with them. This course is excellent for those preparing to go away from home for the first time such as high school seniors preparing for their freshman year at college, those planning on traveling abroad, or for anyone unfamiliar with the fundamentals of self-defense. For more information visit www.creightonmartialarts.com.

Tai Chi Easy
Jean Sica, Instructor
320316-01 Sat Jul 18- Aug 1 8:15-9:15AM $33
Ages 18 & up PCC Rm 215

Tai Chi Easy-5 is a 5-form style of Yang Tai Chi that is beneficial from the very start. This practice of developing your personal Qi (energy) can help improve balance and flexibility, strengthen the cardiovascular system, decrease stress, and expand cognitive skills while quieting your mind. You will experience a no-impact system of meditation in motion that Harvard Medical School calls "medication in motion." Also, recommended by the Mayo Clinic, WebMD, NCCIH, Livestrong.com, and numerous health/fitness organizations. No special equipment is needed. Please wear comfortable clothing and closed shoes such as sneakers, or opt to go barefoot.
Martial Arts for Women
Tracy Maggio, Instructor
340303-01 Sat Jul 18- Aug 29 9:30-11:00AM $50
340303-02 Instructors Fee $25
Ages 12 & up PCC Rm 218

BEGINNER-ADVANCED
Learn martial arts in a class for women only. Have fun, gain confidence and get fit in a friendly and supportive atmosphere. Black belt instructors, committed to empowering women, teach a curriculum based on the art of Isshinryu Karate Do, including kata, kicks, hand techniques and weapons. This is an ongoing dojo (martial arts school) in which you, as others have, can progress to black belt. You can attend this class as an introduction to karate and self-defense. Students are grouped, or taught individually based on their instructional needs. Instruction is based on research about how women successfully defend themselves. No previous martial arts experience, or great fitness, is required to join. Beginners welcome at all classes.

Defensive Driving
Cindy St. George, Instructor
320907-01 Sat Aug 15 9:30AM- 3:30PM $45
Ages 16 & up PCC Rm 107

Empire Safety Council, New York State and DMV approved, offers two great ways to save for New York State licensed drivers. First, complete this informative six hour workshop and receive a 10% reduction on the liability and collision premiums of your auto insurance for three years. Each member of a family completing the workshop is also entitled to the 10% reduction provided they are a primary operator on a vehicle listed on the policy. Secondly, you may be eligible to reduce up to four points on your driving record. An experienced certified instructor will lead the program using a wide array of teaching techniques appealing to motorists of all ages. The focus of the Traffic Survival Workshop is developing improved driving awareness, prevention skills and defensive driving strategies. Saturday courses will break for a ½ hour lunch. Please bring your own beverage.

College 101: Planning & Paying
Brenda Piazza, College Assistance Plus Instructor
321708-01 Sat Aug 1 10:00-11:00AM $10
Ages 14 & up PCC Rm 107

In this educational presentation, parents will learn valuable tips about the college search, scholarships, the financial process, and New York’s Free-Tuition Program for public and private colleges. Most importantly, there will be a discussion on what parents can do to help their children minimize overwhelming student loan debt. For parents of high school students in grades 9-12. Students are welcome.

Come Sail Away Card Class
Pat Miller, Instructor
320219-01 Sat Aug 29 9:00-11:30AM $40
Ages 16 & up PCC Rm 107

Ahoy, Matey! Come cool off from the dog days of summer with nautical-themed all-occasion note cards. You will make a treasure chest assortment of cards in summer color to suit any sailor’s fancy. Your kit will contain everything you need to craft your way through a fun evening with fun people. And you know there will be a cute bag to carry it all home...Please bring your paper snips and snail type adhesive runner or your favorite liquid crafting glue. Questions? Feel free to contact in instructor-585-200-0196.
Summer 2020
Saturdays 9am-1pm
Spiegel Pittsford Community Center
July 11, 2020 - August 29, 2020